

November 2019

sun	mon	tue	wed	thu	fri	sat
					1	2
3	4	5	6	7	8	9
10	11	m Wrestling Lifting 12	13	m Wrestling Lifting 14	m HS Wrestling Practice 15	m Wrestling Lifting 16
17	m HS Wrestling Practice 18	m Wrestling Lifting 19 m HS Wrestling Practice	m Wrestling Lifting 20 m HS Wrestling Practice	m Wrestling Lifting 21 m HS Wrestling Practice	m Wrestling Lifting 22 m HS Wrestling Practice	m Wrestling Lifting 23 m Kings WR B FR @ Archbishop Moeller School (Scrimmage) m Kings WR B V @ Archbishop Moeller School (Scrimmage)
24	m HS Wrestling Practice 25	m Wrestling Lifting 26 m HS Wrestling Practice	m Wrestling Lifting 27 m HS Wrestling Practice	m Wrestling Lifting 28 m HS Wrestling Practice	m Wrestling Lifting 29 m HS Wrestling Practice	m Wrestling Lifting 30

December 2019

sun	mon	tue	wed	thu	fri	sat
1	m HS Wrestling Practice 2	m Wrestling Lifting 3 m HS Wrestling Practice	m HS Wrestling Practice 4	m Wrestling Lifting 5 m HS Wrestling Practice	m HS Wrestling Practice 6	m Time: TBA -- Kings WR B FR @ Purcell Marian Invitational m Wrestling Lifting 7 m Kings WR B FR @ Western Brown Hammer and Anvil m Wrestling Team Meals m Kings WR B V vs Edgewood High School
8	m HS Wrestling Practice 9	m Wrestling Lifting 10 m HS Wrestling Practice	m HS Wrestling Practice 11	m Wrestling Lifting 12 m HS Wrestling Practice	m Kings WR B V @ Edgewood Invitational 13 m HS Wrestling Practice	m Time: TBA -- Kings WR B JV @ Preble Shawnee JV Invitational m Time: TBA -Kings WR B JV @ Sycamore JV Invitational m Wrestling Lifting 14 m Kings WR B V @ Edgewood Invitational
15	m HS Wrestling Practice 16	m Wrestling Lifting 17 m HS Wrestling Practice	m HS Wrestling Practice 18	m Wrestling Lifting 19 m HS Wrestling Practice	m HS Wrestling Practice 20	m Wrestling Lifting 21 m Kings WR B V @ SWOWCA Tournament
m Kings WR B V @ SWOWCA Tournament 22	m HS Wrestling Practice 23	m Wrestling Lifting 24 m HS Wrestling Practice	m HS Wrestling Practice 25	m Wrestling Lifting 26 m HS Wrestling Practice	m HS Wrestling Practice m Kings WR B JV @ Little Miami High School m Kings WR B V @ Little Miami High School 27	28
29	m HS Wrestling Practice 30	m Wrestling Lifting 31 m HS Wrestling Practice				

January 2020

sun		mon		tue		wed		thu		fri		sat	
						m HS Wrestling Practice	1	m Wrestling Lifting m HS Wrestling Practice	2	m HS Wrestling Practice	3	m Time: TBA -Kings WR B JV @ New Richmond JV Tournament	4
	5	m HS Wrestling Practice	6	m Wrestling Lifting m HS Wrestling Practice	7	m HS Wrestling Practice	8	m Wrestling Lifting m HS Wrestling Practice	9	m Kings WR B V @ Fairfield Invitational Tournament m HS Wrestling Practice	10	m Kings WR B V @ Fairfield Invitational Tournament	11
	12	m HS Wrestling Practice	13	m Wrestling Lifting m HS Wrestling Practice	14	m HS Wrestling Practice	15	m Wrestling Lifting m HS Wrestling Practice	16	m HS Wrestling Practice	17	m Kings WR B JV @ Ross High School (Ross JV Wrestling Invite) m Kings WR B V @ Loveland Duals m Kings WR B FR @ Buckeye Freshman Classic	18
	19	m HS Wrestling Practice	20	m Wrestling Lifting m HS Wrestling Practice	21	m HS Wrestling Practice	22	m Wrestling Lifting m Wrestling Team Meals m HS Wrestling Practice m Kings WR B JV vs Kings Tri-Match m Kings WR B V vs Kings Tri-Match	23	m HS Wrestling Practice	24		25
	26	m HS Wrestling Practice	27	m Wrestling Lifting m HS Wrestling Practice	28	m HS Wrestling Practice	29	m Wrestling Lifting m HS Wrestling Practice m Kings WR B JV @ Sycamore High School m Kings WR B V @ Sycamore High School	30	m HS Wrestling Practice	31		

February 2020

sun		mon		tue		wed		thu		fri		sat
												1 m Time: TBA -Kings WR B V @ Milford Invitational
2	m HS Wrestling Practice	3	m Wrestling Lifting m HS Wrestling Practice	4	m HS Wrestling Practice	5	m Wrestling Lifting m Wrestling Team Meals m HS Wrestling Practice m Kings WR B JV vs Lebanon High School (Senior Night) m Kings WR B V vs Lebanon High School (Senior Night)	6	m HS Wrestling Practice	7		8 m Time: TBA -Kings WR B V @ OHSAA State Dual Regional
9	m HS Wrestling Practice	10	m Wrestling Lifting m HS Wrestling Practice	11	m HS Wrestling Practice m Kings WR B V @ Norwood Tri-Match	12	m Time: TBA -Kings WR B V @ Milford High School m Wrestling Lifting m HS Wrestling Practice	13	m HS Wrestling Practice	14		15
16	m HS Wrestling Practice	17	m HS Wrestling Practice	18	m HS Wrestling Practice	19	m HS Wrestling Practice	20	m Kings WR B FR @ ECC Championship m Kings WR B JV @ ECC Championship m Kings WR B JV @ Milford High School (ECC/SWOC Tournament) m HS Wrestling Practice	21		22 m Kings WR B V @ ECC Championship
23	m HS Wrestling Practice	24	m HS Wrestling Practice	25	m HS Wrestling Practice	26	m HS Wrestling Practice	27	m Kings WR B V @ OHSAA Sectional m HS Wrestling Practice	28		29 m Kings WR B V @ OHSAA Sectional