| Date | Start | End | Event Name | Location |
|----------------|----------|----------|----------------------------------|--------------------|
| Mon 07/25/2016 | 10:00 am | 11:00 am | Men's Basketball Lifting | Beacon Weight Room |
| Mon 07/25/2016 | 11:00 am | 1:00 pm | Men's Basketball Open Gym | CES Gym |
| Tue 07/26/2016 | 10:00 am | 11:00 am | Men's Basketball Lifting | Beacon Weight Room |
| Wed 07/27/2016 | 11:00 am | 1:00 pm | Men's Basketball Open Gym | CES Gym |
| Thu 07/28/2016 | 10:00 am | 11:00 am | Men's Basketball Lifting | Beacon Weight Room |
| Fri 07/29/2016 | 11:00 am | 1:00 pm | Men's Basketball Open Gym | KJH Gym |
| Tue 09/06/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 09/06/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 09/07/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 09/08/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Thu 09/08/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 09/09/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 09/09/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 09/12/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Mon 09/12/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Mon 09/12/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 09/14/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 09/15/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Thu 09/15/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 09/16/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 09/16/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 09/19/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Tue 09/20/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 09/20/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 09/21/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 09/22/2016 | 2:30 pm | 5:00 pm | Men's Basketball Open Gym | KJH Gym |
| Thu 09/22/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 09/23/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 09/23/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 09/26/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Tue 09/27/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 09/27/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 09/28/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 09/29/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Thu 09/29/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 09/30/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 09/30/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 10/03/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |

| Date | Start | End | Event Name | Location |
|----------------|----------|----------|--------------------------------------|--------------------|
| Tue 10/04/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 10/04/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 10/05/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 10/06/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Thu 10/06/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 10/07/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 10/07/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 10/10/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Tue 10/11/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 10/11/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 10/12/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 10/13/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Thu 10/13/2016 | 4:00 pm | 4:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 10/14/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 10/14/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 10/17/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Tue 10/18/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 10/18/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KJH Gym |
| Wed 10/19/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Wed 10/19/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KJH Gym |
| Wed 10/19/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 10/21/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 10/21/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Mon 10/24/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Mon 10/24/2016 | 2:30 pm | 4:00 pm | Men's Basketball Open Gym | KHS Gym |
| Tue 10/25/2016 | 6:00 am | 6:45 am | Men's Basketball Lifting | Beacon Weight Room |
| Tue 10/25/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KHS Gym |
| Wed 10/26/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Thu 10/27/2016 | 2:30 pm | 3:45 pm | Men's Basketball Open Gym | KJH Gym |
| Thu 10/27/2016 | 3:00 pm | 3:45 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 10/28/2016 | 6:00 am | 6:45 am | Men's Basketball Open Gym Skills | KHS Gym |
| Fri 10/28/2016 | 3:00 pm | 4:30 pm | Men's Basketball Lifting | Beacon Weight Room |
| Fri 11/04/2016 | 6:00 am | 7:00 am | Men's F/JV/V Basketball Try-outs | KHS Gym |
| Fri 11/04/2016 | 2:45 pm | 4:30 pm | Men's JV/V Basketball Try-Outs | KHS Gym |
| Fri 11/04/2016 | 4:30 pm | 6:00 pm | Men's Freshman Basketball Try-Outs | KHS Gym |
| Sat 11/05/2016 | 8:00 am | 10:00 am | Men's JV/Varsity Basketball Try-Outs | CES Gym |
| Sat 11/05/2016 | 10:00 am | 12:00 pm | Men's Freshman Basketball Try-Outs | CES Gym |